



Letter from the Editors-in-Chief

Welcome to the 19th volume of the *University of Pennsylvania's Orthopaedic Journal*! Again, this has been a productive and compelling year for Penn Orthopaedics and UPOJ. Again, we have sought to provide high-quality, peer-reviewed articles in Orthopaedic Surgery and related fields, along with content contributed by leaders in the field of orthopaedics.

As in years past, the *Journal* is the result of the tireless efforts of the residents in the Department of Orthopaedic Surgery here at the University of Pennsylvania. It remains financially independent from the department and is therefore only possible due to the support of our advertisers and other contributors. We are grateful for their financial support of the *Journal* and recognize that without their generous contributions, this publication would not be possible.

In this edition, we have again worked to provide articles that encompass a broad spectrum of orthopaedic topics. In addition, we have attempted to broaden the appeal of the *Journal* by including a round table discussion on a current controversial topic and have added historical essays which we hope will be of interest to you, the reader.

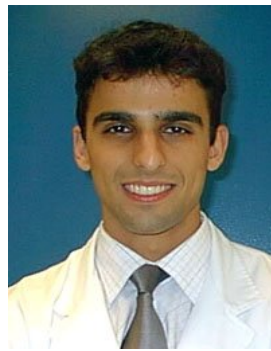
This edition of the *Journal* is dually dedicated to **Drs. Denis Drummond** and **Frederick Kaplan**, legends each in his own right. In addition, we mourn the passage of Dr. Enyi Okereke in an obituary written by **Dr. Neil Sheth**. And **Dr. Charles Nelson**. As all

Penn Orthopaedics alumni are aware, Dr. Okereke was truly a mentor to any of us that were privileged to have known him. He dedicated his career to helping underserved populations in his home country of Nigeria. His memory among the Penn Orthopaedics family will never die and remains vibrant in the education and example he has instilled amongst his residents.

This year we are proud to release a new website created by **Dr. Jason Hsu**. This website can be accessed at <http://www.uphs.upenn.edu/ortho/oj/>. This online edition is one which best represents the evolution of the *Journal* as a flagstone for our department and we are indebted to Dr. Hsu for his efforts.

Finally, the entire editorial board would like to thank the authors and reviewers for their contributions to this year's publication. In addition we would like to thank **Doranne Lackman** whose tireless efforts often go unrecognized was indispensable in helping us to format this year's edition. Every individual who has participated in this year's edition of the *Journal* has devoted precious time and energy to the process that has generated the volume that you now hold. On behalf of the editorial staff of UPOJ, we hope you find this issue a pleasure to read. We would also like to thank our families without whose undying support, this publication would not have been possible.

Sincerely,



Drs. Baldwin and Namdari (left to right)
Editors-in-Chief, Volume 19, UPOJ, 2008-2009

Keith D. Baldwin, MD, MSPT, MPH
Editor-in-Chief

Surena Namdari, MD, MSc
Editor-in-Chief

Penn Orthopaedics