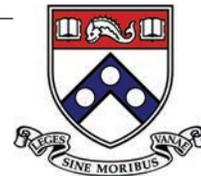




Class of 2012 Alumni Residents—Where are they now?



Matthew Stein, MD

Derek J. Donegan

Fellowship: Traumatology, University Hospital - University of Medicine and Dentistry of New Jersey

Current Employment: Assistant Professor of Orthopaedic Surgery at the Hospital of the University of Pennsylvania



How has training at Penn impacted your practice?

My training at Penn impacts my practice daily. Penn taught me how to be a good surgeon, physician, and educator. Most importantly, it taught me how to be a thinker. My greatest mentors at Penn helped me to internalize what it is I do and strive to constantly improve. This has led me to push the boundaries of turning success into a positive impact on patients' lives.

What have you learned in your first decade of practice?

I have learned that I am constantly learning.

What advice would you give to residents?

My advice is to realize early that everything we do in our job has a direct impact on someone else's life. While we are often looking towards the "next step" or the "next big thing" take the time to appreciate the current moment. This is where you will get the biggest bang for your buck. Take advantage of the incredible faculty that have chosen to be at Penn to dedicate their talents towards helping you become your best self and realize your fullest potential.

Keith D. Baldwin

Fellowship: Pediatric Orthopaedics, Children's Hospital of Philadelphia

Current Employment: Associate Professor of Orthopaedic Surgery at the Hospital of the University of Pennsylvania and the Children's Hospital of Philadelphia



How has training at Penn impacted your practice?

I am one of those unusual people that use what they learned at Penn broadly on a weekly basis. My experiences with Mary Ann Keenan of Neuro-orthopedics and Samir Mehta of Traumatology were formative in terms of what I do on a weekly and sometimes daily basis in terms of practical knowledge. Additionally, Penn gave me the thought processes I bring to bear in research and education of trainees in orthopedic surgery. I stayed on and trained under Jack Flynn, and John Dormans two leaders in POSNA and SRS, as well as David Spiegel an internationally known surgeon in cerebral palsy who taught me all I know about scoliosis care. I feel honored to have trained under such greats in the field.

What have you learned in your first decade of practice?

Knowing who to operate on and who not to operate on is equally important to knowing how to do the operation you are doing.

What advice would you give to residents?

You can learn something valuable for your eventual practice in every service. Do not neglect a service because it is far from what you will be doing. Sometimes those services teach you the most valuable techniques and thought processes that can get you out of tight spots in the operating room and in clinical management.

Andrew F. Kuntz

Fellowship: Shoulder and Elbow, Hospital of the University of Pennsylvania, Thomas Jefferson University Hospital

Current Employment: Assistant Professor of Orthopaedic Surgery at the Hospital of the University of Pennsylvania



How has training at Penn impacted your practice?

Without a doubt, my six years of residency at Penn launched me into my current career. I had the opportunity to work with Drs. Williams, Ramsey, and Glaser on the shoulder and elbow service early during residency. Wanting to emulate these individuals, I decided to pursue a career in shoulder surgery. Due to the excellent training that I received during

residency, and thanks to the strong networking of the Penn Ortho faculty, I was able to match into my top-choice for fellowship, and then return to join the Penn Ortho family immediately after fellowship. During my lab year, I solidified my desire to pursue a career as a surgeon-scientist. I also was able to establish wonderful collaborative relationships with Lou Soslowky and Rob Mauck during my research year, which have continued and grown during these early years in practice. Most of all, though, I can honestly say that I learned something from every faculty member that I worked with throughout residency and have been able to incorporate and build on even little tidbits of knowledge to improve my practice and how I provide care to patients.

What have you learned in your first decade of practice?

I can still remember as a PGY-2 at CHOP, the first time I heard Dr. Wells talking about the importance of being “Available, Affable, and Able.” The “3 A’s” are critical to successfully building a practice. In addition to these, clear communication is key! Many issues/conflicts can simply be avoided with clear and timely communication. Patients, staff, and colleagues all appreciate effective communication.

What advice would you give to residents?

Truly take advantage of every opportunity - conferences, labs, cases, informal discussions, etc. - during residency. Never again will you have the chance to learn so much from so many talented individuals. Additionally, make sure to build strong relationships with your co-residents, who will be your friends and colleagues for life.

Albert O. Gee

Fellowship: Sports Medicine and Shoulder Surgery, Hospital for Special Surgery

Current Employment: University of Washington Associate Professor of Orthopaedics and Sports Medicine



Amy L. Herz

Fellowship: Sports Medicine, New England Baptist Hospital

Current Employment: Orthopaedic Institute of Pennsylvania, Camp Hill, Pennsylvania



Nick D. Pappas, III

Fellowship: Hand, Microvascular, and Upper Extremity Surgery, Vanderbilt University

Current Employment: Chief of Orthopaedic Hand Surgery and Assistant Professor of Orthopaedic Surgery at Louisiana State University Health Sciences Center, Hand Center of Louisiana



Amit R. Patel

Fellowship: Spine, University of Washington/Harborview Combined Fellowship

Current Employment: OSS Health, York, PA



Ejovi Ughwanogho

Fellowship: Spine, Texas Back Institute

Current Employment: The Core Institute, Phoenix, Arizona

