



# Penn Sports Medicine Division Update



Brian Sennett, MD

### Sports Medicine Faculty



Brian Sennett, MD



James Carey, MD, MPH



John Kelly, MD



Miltiadis Zgonis, MD



Kevin McHale, MD

The Sports Medicine Division at Penn Orthopaedics was challenged with the pandemics as youth, college, and professional sports moved to the sidelines for an extended period of time. Despite the effect of the pandemic on sports, the Division has continued to excel in their pursuit of clinical care, education and research, the year has been a banner year of relationships and contributions. While the Division of Sports Medicine has traditionally provided medical coverage for Penn Athletics, the University of the Sciences, and many local high schools, the Philadelphia Flyers and the Philadelphia Eagles have reached out to Penn Orthopaedics and the Division of Sports Medicine to provide care for their athletes. In addition, the Division now provides orthopaedic care for Drexel University as well.

Penn Medicine enters its second year as the medical and orthopaedic consultants for the Philadelphia Flyers and Wells Fargo Center. Penn Medicine provides medical services, including on-ice, orthopaedic, and general practice, and is also the preferred provider for Comcast Spectacor.

In addition to the partnership with the Philadelphia Flyers, the Philadelphia Eagles continue to be cared for by Arsh Dhanota. He serves as both the Head Team Physician and Chief Medical Officer of the Philadelphia Eagles. He was initially signed to a 3-year agreement which has already been extended to a 5-year commitment. He has been the guiding medical force behind the Philadelphia Eagles. In his first two years at the helm, he significantly decreased soft tissue injuries and improved the team's ranking in the category of "games missed due to injuries". He has done a stellar job not only in decreasing injuries but in transforming the medical care provided.

While the new professional team affiliations have dominated the news around the division, the cornerstone of cartilage restoration has continued to be one of the primary focuses with respect to all three areas of clinical care, research, and education. Dr. James Carey, Director of the Penn Cartilage Center currently serves as the lead Principal Investigator and Chairperson of the Clinical Steering Committee for the MACI Pediatric Study—PEAK (PEdiatric Autologous cultured chondrocytes treatment of cartilage defects in the Knee). In addition, Dr. Carey and Dr. Mauck ran the first virtual Penn Cartilage Repair Symposium in September with the greatest attendance ever

Other areas of expansion have continued with the addition of orthopaedic and sports medicine coverage to Drexel University and expansion at Penn Medicine at Radnor and local high schools. With the new expansion of Penn Medicine at Radnor, the footprint of sports medicine is growing. Dr. John Vasudeven, who along with Alexis Tingan provide coverage of our largest running events, will expand clinical and educational experiences for patients at the new Radnor facility. In addition, Penn Medicine, under the direction of Drs. Tingan and Vasudeven will be the official medical providers for the Broad Street Run to be held this October 2021. Lastly, Dr. Vasudeven also now serves as the Head Team Physician for the Archbishop Carroll Catholic High School.

It has been a busy year in the Division of Sports Medicine and we are glad to be back on the ice, fields, and courts. No matter what comes our way, we are ready to be teammates for Penn Medicine and all athletic individuals across the Tri-State region.