



# Letter from the Editors

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It is our distinct pleasure to present to you the 34th edition of the University of Pennsylvania Orthopaedic Journal (UPOJ). Begun in 1986 under the guidance of Dr. Carl T. Brighton, the UPOJ remains a testament to the Department's commitment to basic science and clinical research—always striving to gain new insights and seek better understanding of the musculoskeletal system, with the ultimate goal of providing the best possible care for our patients.

We dedicate this 34th edition of the UPOJ to Dr. Eric Hume, a consummate surgeon, educator, and leader for our residency program. In the wake of ongoing growth and change in the residency program, Dr. Hume's virtues of kindness, grit, and good-humor serve as beacons to strive towards. Read more about this cornerstone of the residency in Dr. Joseph Bernstein's article

on page 7.

This year saw the change of command of Penn Orthopaedics from Dr. L. Scott Levin to Dr. Benjamin "Kyle"

Potter. The department's tremendous accomplishments in the last fifteen-years are highlighted in Dr. Levin's final letter as chairman (see page 2). His rock-ribbed style of servant leadership risks understating his signal impact on our program, not the least of which are the articles on this very page. His dedication to the UPOJ and its authors will echo in the annals of orthopaedic surgery for generations.

We are additionally grateful support of the journal's advisor, Dr. Samir Mehta. We also would like to thank our section editors. As a fully resident-run publication, the UPOJ would not be possible without their contributions: Erin Hale (Shoulder and Elbow), Alyssa Thorman (Bone and Cartilage), Chinedu Okafor (Tendon and Ligament), Emily Eiel (Foot and Ankle), Bradley Osemwengie (Spine), Rachel Flaugh (Pediatrics), Jaret "Mac" Karnuta (Arthroplasty), Lisa Friedman (Trauma), Ellis Berns (Hand), Maxwell Cardwell (Oncology), and Caroline Granruth (Sports).

The UPOJ has been financially independent from the Department of Orthopaedic Surgery since 1997, thanks to generous financial support from our advertisers. And so on behalf of the Department, we thank them again for their generosity in supporting the educational and research missions of Penn Orthopaedics.

The journal is viewable for free online and on all mobile devices at [www.upoj.org](http://www.upoj.org). Keep updated with a digital subscription database at [www.upoj.org/subscribe](http://www.upoj.org/subscribe). It has been our honor to serve as editors for the 34th edition of the UPOJ. On behalf of all contributors, we hope you find this edition informative, enriching, and inspiring.